

THE TRUTH ABOUT PRESCRIPTION STIMULANT MISUSE

TRUE

Prescription stimulants are used to

increase alertness, attention, and energy.

Taking or distributing prescription

stimulants without a valid prescription is

illegal.



- Stimulants are used to treat attention deficit hyperactivity disorder (ADHD) and narcolepsy¹

- Prescription stimulants include¹:

Amphetamines:

- Adderall®
- Dexedrine®

Methylphenidates:

- Concerta®
- Ritalin®

- The Federal Food, Drug and Cosmetic Act states it is illegal to²:

- Deliver
- Distribute
- Dispense

- Some university honor codes consider misusing stimulants at cheating³

FALSE

Stimulants can enhance academic performance.



Stimulants are not addictive; therefore, you cannot get addicted to them.



- **Many students believe that using stimulants can increase their academic performance⁴**
- **Stimulant misuse can actually cause a decline in GPA⁵**
- **Using stimulants can cause⁶:**
 - Feeling high
 - High blood pressure
 - Anxiety
 - Agitation
 - Insomnia
 - Loss of appetite
- **Prescription stimulants have short-term benefits⁷**
- **Long-term misuse use of prescription stimulants is harmful to the brain and the body⁷**
- **Misusing stimulants can lead to addiction and other substance use disorders⁸**

HOW TO KNOW IF **FRIENDS** ARE MISUSING PRESCRIPTION STIMULANTS

Look out for the signs and symptoms of prescription stimulant misuse⁷:

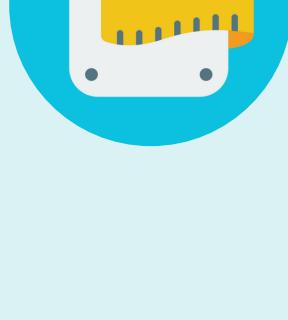
Hostility



Paranoia



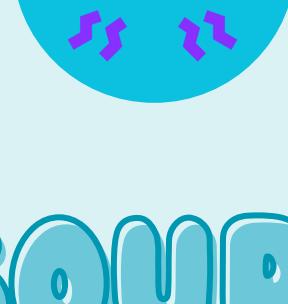
Weight loss



Heart Issues



Seizures



RESOURCES

Never be afraid to seek help for yourself or friends:

Addiction Hotline:

1-800-662-HELP (4357)

Suicide Prevention Hotline:

988

UGA Resources

- **The Fontaine Center**
 - www.healthpromotion.uga.edu/fontaine-center
- **Prescription Medication Prevention & Education**
 - www.uhs.uga.edu/dawgsthakeasdirected/safe-rx
- **UGA Collegiate Recovery Community**
 - <https://healthpromotion.uga.edu/fontaine-center/crc/>
- **Alcoholics Anonymous**
 - www.athensaa.org
- **Narcotics Anonymous**
 - www.negana.org

REFERENCES

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